
NEWS RELEASE

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ASTORINO ANNOUNCES FREE FRIDAY VACCINE CLINICS

Health Commissioner Urges All Residents to Get Flu Shots and Other Needed Vaccines

The Westchester County Health Department is offering residents the opportunity this month to get free flu shots, along with vaccines to protect against six other diseases at its Yonkers and White Plains clinics.

“Getting these vaccines can help keep you and your family stay healthy this year,” said County Executive Robert P. Astorino.

The health department clinics will offer:

- Free flu vaccines to residents age 19 and up and
- Free HPV and meningococcal vaccine for college students.

Residents who are uninsured or whose insurance doesn't cover vaccines also may receive:

- Zoster vaccines for ages 60 and up to protect against Shingles
- Flu vaccine for children ages six months through 18 years
- MMR for residents age 19 and up, which provides protection against measles

Call now for your appointment. Supplies are limited. Clinics will be held:

- Feb. 6 and 20 at our White Plains Clinic, 134 Court St., call 995-5800
- Feb. 13 and 27 at our Yonkers Clinic, 20 S. Broadway, 2nd floor, call 231-2500

“Last week's case of measles in a Bard College student who rode an Amtrak train as well as the multi-state measles outbreak that originated at Disneyland are fresh reminders of the importance of getting vaccinated,” said Commissioner of Health Sherlita Amler, MD. “We have vaccines for children, students, adults and seniors – and these vaccines provide safe and effective protection for a number of diseases.”

The Health Department has expanded access to adult vaccines by giving more than 2,000 vaccines at a variety of clinics countywide.

To prevent spreading the flu, cough or sneeze into your elbow and wash your hands frequently with soap and water frequently. If you do get a respiratory infection, stay home until 24 hours after your fever subsides to avoid spreading your germs. Clean surfaces you touch often, such as doorknobs, water faucets, refrigerator handles and telephones. Get plenty of rest, exercise and eat healthy food.

For more health information, go to www.westchestergov.com/health; Like us on [Facebook.com/wchealthdept](https://www.facebook.com/wchealthdept) and Follow us on [Twitter @wchealthdept](https://twitter.com/wchealthdept).